

# Gender differences in emotional autonomy profile among adolescents

■ LAITONJAM VALENTINA AND JATINDER K. GULATI

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See end of the paper for authors' affiliations

Correspondence to :

**LAITONJAM VALENTINA**

Department of Human  
Development, Punjab Agricultural  
University, LUDHIANA (PUNJAB)  
INDIA

Email: [valentialaitonjam5@gmail.com](mailto:valentialaitonjam5@gmail.com)

■ **ABSTRACT** : The present study was designed to assess the gender differences in emotional autonomy profile of urban adolescents. A sample of 200 adolescents comprising of 100 boys and 100 girls of age group of 16-18 years was drawn from four Government schools of Ludhiana city. Emotional autonomy was measured by using emotional autonomy scale developed by Steinberg and Silverberg (1986). Results revealed that majority of both male and female adolescents were moderately autonomous and gender differences in emotional autonomy among adolescents were non-significant.

■ **KEY WORDS**: Autonomy, Gender, Adolescents

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